

Osteogenic Differentiation Potential of Bone Marrow Stem Cells Compared To Umbilical Cord Blood Stem Cells

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Abstract

Background: Runx2 and Osterix are the key transcription factors initiating and regulating the early osteogenesis and late mineralization of bone. Regenerative medicine is an evolving field of medical researches; this field holds the promise of regenerating damaged tissues and organs in the body by replacing damaged tissue and by stimulating the body's own repair mechanisms to heal previously irreparable tissues or organs. **Aim:** to investigate the osteogenic differentiation potential of mesenchymal stem cells isolated from human bone marrow (BM) and umbilical cord blood (UCB). **Methods:** Mononuclear cells isolated from human UCB and BM were differentiated into spindle shaped fibrous mesenchymal stem cells (MSCs) in Dulbecco modified Eagle's medium (DMEM) with 10% fetal bovine serum. These progenitor cells were further examined for their ability to differentiate into osteoblasts by culture in osteogenic differentiation media containing; dexamethazone and ascorbate-2phosphate and by the detection set of osteogenic genes expression including; Runx-2 and Osterix, and the markers of osteogenic genes differentiation: Collagen1 and alkaline phosphatase (ALP). **Results:** Runx-2 gene was significantly expressed about 7 fold in BM derived cells treated for 24 hours compared to control sample (which was not treated by osteogenic differentiation media) (7.2 ± 1.1 vs. 1.0 ± 0.1 , $p=0.02$). In addition, there was significantly expression about 3 to 4 folds in UCB compared to control sample (3.4 ± 0.4 vs. 0.6 ± 0.1 , $p=0.04$). We also found that Osterix gene expression was significantly increased in BM MSCs treated samples for 24 hours about 3 folds relative to control (3.2 ± 0.4 vs. 1.0 ± 0.14 , $p=0.02$) and increased in UCB-MSCs samples treated for 24-72 hours about 2-4 folds respectively compared to control sample (2.1 ± 0.5 vs. 0.7 ± 0.09 , $p=0.07$). **Conclusions:** we conclude that i) UCBMSCs are capable of mineralization when cultured in osteogenic medium and would be a better cell source for treatment of osteogenic repair. ii) A significant change in osteogenic genes expression was found between both sources of mesenchymal stem cells indicating that BM MSCs have a higher osteogenic differentiation potential than UCB MSCs although UCB MSCs had proven to be an alternative source for mesenchymal stem cells and these cells are successfully differentiated into osteoblasts.

Key words: cord blood cells, mesenchymal stem cells, osteogenic differentiation, Osterix, Runx2

Introduction

Human mesenchymal stem cells (hMSCs) are multipotent stem cells, which naturally give rise to connective tissue such as bone, cartilage, making bone regeneration one of the most investigated therapeutic areas for

hMSCs today⁽¹⁾ Osteogenic differentiation of Human mesenchymal stem cells hMSCs, from various sources will make the bone regeneration a possible task^(2,3). Bone marrow stromal cells (BMSCs), which can differentiate into osteoblasts (OBs) by appropriate induction, have become one of the

most important cells for bone tissue engineering. Due to the multipotent differentiation capability of BMSCs, it is valuable to develop the technique of controlling, maintaining and promoting the osteogenesis of BMSCs^(4,5). Runt-related transcription factor-2 (Runx-2) is essential for osteoblast differentiation and skeletal development during the early stages of embryogenesis.⁽⁶⁾ The role of Runx-2 on regulating osteogenic differentiation is revealed by inhibiting the formation of mineralized nodules with Runx-2 antisense oligonucleotides, while forced expression of Runx2 in non-osseous mesenchymal cells induces expression of osteoblast phenol-typic genes^(7,8). The role of Runx-2 on regulating bone phenotypic genes was demonstrated that Runx-2 can up-regulate the expression of Osteocalcin, but also interacts with other genes, such as Osterix (Osx)^(9,10). Subsequent studies revealed that Runx-2 can also down-regulate various bone-related genes, including the collagen type I (Col I) and bone sialo-protein⁽¹¹⁾. Col I is the major organic component of bone extracellular matrix produced by osteoblasts⁽¹²⁾. Runx-2 and Osterix are transcription factors that are crucial for osteoblast differentiation. Runx2 is the master transcription factor involved in the osteogenesis process. This transcription factor directs multipotent and pluripotent mesenchymal cells to the osteoblastic lineage, and inhibits them from differentiating into the adipocytic and chondrocytic lineages⁽¹⁰⁾. Osx is a novel zinc finger-containing transcription factor that is essential for osteoblast differentiation and bone formation⁽¹³⁾. In Osx-null mutant mice, neither endochondral nor intramembranous bone formation occurs, and osteoblast differentiation is arrested⁽¹²⁾. After differentiating to pre-osteoblasts, Osterix, and Runx-2 direct them to immature osteoblasts, which produce bone matrix proteins, during osteoblast differentiation,

Runx-2 up regulates the expression of bone matrix protein genes including type 1 collagen⁽¹³⁾. Markers of osteogenic differentiation include collagen 1 and alkaline phosphatase (ALP), Collagen1 is the most abundant protein in animals, makes up about (90-95%) of the organic content of bone; thus collagen is the main constituent of the bone matrix⁽¹⁴⁾. Umbilical cord blood (UCB) contains a population of mesenchymal stem cells (MSCc), these cells have similar cellular, morphological and differentiation properties to bone-marrow MSCc but at the same time, show advantages over bone-marrow MSCc that its differentiation potential and its number decrease with age^(15,16). Research groups have shown that these cells (UCB) can be differentiated into hepatocytes, osteoblasts, adipocytes, chondrocytes as well as neural cells^(17,18). The abundance, accessibility and differentiation potential of UCB stem cell populations made it a promising source of stem cells for research and clinical applications including transplantations^(19,20). Umbilical cord blood cells are easier to obtain, cause no harm to the donor while bone marrow involves invasive technique to obtain the cells. Therefore, the umbilical cord blood stem cells can be viewed as a potential source of stem cells for clinical and non-clinical research applications. In this present work, we investigated the osteogenic differentiation potential of MSCs isolated from umbilical cord blood compared to those isolated from bone marrow by determined the osteogenic gene expression including; Runx-2, Osterix, Collagen1 and ALP as the markers of osteogenic genes differentiation.

Material and Methods

MSCs were isolated from BM and UCB and examined for their ability to differentiate into osteoblasts by culture into osteogenic differentiation media.

1-Isolation of MSCs from UCB

Cord blood was freshly collected from full-term babies of healthy women from the obstetric Emergency room of the Suez Canal University Hospital. Cord blood was diluted 1:1 in Phosphate Buffer Saline (PBS). 35mL of the diluted blood was carefully layered over 15mL Ficoll®, and centrifuged at 500× g for 15min in swinging bucket centrifuge. Once we obtained the density gradient separation of cord blood contents (Figure 1). The mononuclear cell (MNCs) fraction was carefully aspirated in to sterile tube. MNCs fraction was washed once with PBS and cultured in α-MEM with low glucose (1000 mg/L)* containing 10% Fetal Bovine serum (FBS), 1% L-glutamine , and 1% penicillin/streptomycin. The culture plates

were incubated in a humidified CO₂ Incubator with 5% CO₂ at 37°C⁽²¹⁾

2-Isolation and Cultivation of MSCs from BM

Bone marrow stromal cells were isolated from the bone marrow aspirate obtained from three donors (43–78 years old) undergoing total hip replacement after taking patient consent (faculty of medicine, Suez Canal University Hospital). Briefly, adherent cells derived from marrow stroma were maintained as monolayer cultures and expanded in basal medium containing Dulbecco's modified Eagle's medium (DMEM), 10% FBS, 100 units/ml penicillin and 100 µg/ml streptomycin. Cells at passage 3–4 were cultured in 25-flask at initial seeding cell densities of 5,000 cells/cm²⁽²²⁾.

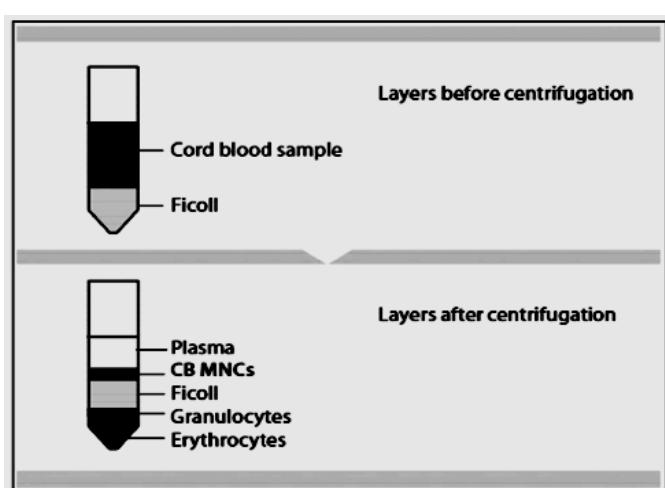


Figure 1: Schematic diagram of density gradient centrifugation

3-Osteogenic Differentiation

For osteogenic differentiation, human mesenchymal stem cells (hMSCs) were initially cultured in DMEM (3.5×10^3 cells/cm²). After 24 hours, the media is changed with osteogenic differentiation media which includes, the basal conditions with addition 2 µl ascorbate-2-phosphate*, and 11µl dexamethasone* for each 1ml of growth media. Half of the conditioned medium was replaced with fresh medium every 2–3 days. When cells from both sources reach 50%

confluence, osteogenic media was added to induce osteogenesis. We used DMEM supplemented with 10% FBS, L-glutamine, Penicillin/Streptomycin and dexamethasone as control medium⁽²³⁾

(*Sigma Aldrich Ltd, St. Louis, Mo, USA).

Microscopic Observations

For growth and morphology of hMSCs from cord blood and bone marrow, we monitor the culture flask at regular intervals by phase contrast microscope (Leica,

Cambridge, England), and pictures were recorded using digital camera.

Total RNA Isolation and RT-PCR Reaction

RNA was extracted from induced BM-MSCs after 24 hours, from UCB-MSCs after 24–72 hours, and from untreated control samples (when cells reached 50% confluence in both groups). Then RNA will be reverse transcribed to cDNA by using Quanti Tect Reverse Transcription Kit (Cat. No. 205311). The mRNA expression of Runx2 (a critical transcriptional factor that regulates skeletogenesis)⁽¹⁹⁾, osterix (Osx; an essential transcription factor that initiates mineralization)⁽¹²⁾, type I collagen (Col I; a major organic component that exists in bone extracellular matrix) alkaline phosphatase⁽²⁰⁾, and glyceraldehyde 3-phosphate dehydrogenase (GAPDH; as an internal control for RNA loading) in control were

determined at each time point by reverse transcriptase–polymerase chain reaction (RT-PCR) assay. Total RNA was extracted and collected by using Qiagen RNeasy Mini Kit (Cat. No. 74104), and the first-strand cDNA was synthesized by using the Super Script First-Strand Synthesis System followed by the amplification of cDNA product using the real-time polymerase chain reaction (PCR) technique (ABI 7000). The sense and antisense sequences of the primers used for detection of gene expression are listed in Table 1. The reaction was performed under the following conditions: incubation at 94°C for 2 min; denaturation at 94°C for 45 s, annealing at 51°C (Runx2), 58°C (Osx), 60°C (ALP and Col I), and 52°C (GAPDH) for 30 s, and polymerization at 72°C for 60 s for 30–35 cycles; followed by a final extension at 72°C for 5 min.

Table 1: Primers Sequences for RT-PCR Analysis

Primer	Sequence
GAPDH (house keeping gene)	Forward: 5' CCAGGTGGTCTCCTCTGACTTC 3' Reverse: 5' TCATACCAGGAAATGAGCTTGACA 3'
Runx-2	Forward: 5' TCTTCACAAATCCTCCCC 3' Reverse: 5' TGGATTAAAAGGACTTGGTG 3'
Osterix	Forward: 5' TAGTGGTTGGGTTTGTACCGC 3' Reverse: 5' AACCAACACTTATTCCCTAAGT 3'
ALP	Forward: 5' AAGGCTTCTTCTGCTGGTG 3' Reverse: 5' GCCTTACCCCTCATGATGTCC 3'
Col1	Forward: 5' GCCAAGACGAAGACATCCCA 3' Reverse: 5' CCACACGTCTCGGTATGG 3'

Relative expression of genes Runx2, Osterix, ALP and Collagen type 1 were determined using the real-time polymerase chain reaction technique (ABI 7000), Master mix was prepared by using QuantiTect SYBR Green PCR Kit (Cat. No. 204141). The expression level of each gene will be corrected to a house-keeping gene. Master Mix was prepared using the SYBR Green hot-start master mix. Program of real-time cycler was according to table (2). After the PCR program end the CT of the samples

were taken from the PCR device, each gene and housekeeping gene for each sample were taken to determine fold change of gene expression by the following equation: $\Delta CT = CT_{target} - CT_{reference}$ (housekeeping gene). $\Delta\Delta CT = \Delta CT_{test\ sample} - \Delta CT_{calibrator\ (control)\ sample}$. $RQ = \text{Gene expression} = 2^{-\Delta\Delta CT}$. The quantification was performed using $2^{-\Delta\Delta CT}$ methods⁽²⁴⁾. This method depends on normalizing the cycle number (C_t) of the gene of interest to that of a housekeeping gene in the same sam-

ple at certain cut-off level to determine ΔCt value. Then one of the samples was set as a reference and all samples were subtracted

from this particular sample calculated as $2^{-\Delta\Delta Ct}$ and represented as mean \pm SD, while the reference result was one.

Table 2: Real-time cycler program

Step	Time	Temperature
PCR initial heat activation	15s	95°C
denaturation	15s	95°C
annealing	30s	50°C
extension	40s	72°C
Number of cycles	45	

Statistical Analysis

Statistical analysis was done using Statistical Package for Social Science software (SPSS 14.0, Chicago, IL). All assays were repeated, with a minimum of $n=3$ per group. Data are expressed as mean and SD values. Statistical significance was determined using one-way ANOVA to compare means between groups, with a p value of less than 0.05 being considered statistical significant.

Results

The present study compared the osteogenic differentiation potential between mesenchymal stem cells isolated from bone marrow and umbilical cord blood when treated with dexamethasone and ascorbate 2 phosphates for 24-72 hours, and for detection the up-regulated osteogenic genes expression of Runx-2, Osterix, ALP and Col1.

Isolation of Mesenchymal Stem Cells

After an incubation period of two to three days, we were successful in isolating mesenchymal stem cells (MSCs) from the mononuclear cells (MNCs) of bone marrow and cord blood. The adherent cell population with spindle shape, fibroblast like

morphology confirms them as mesenchymal progenitors (Figures 3, 4). In our study, MNCs which was isolated from cord blood ($14.1 \pm 9.14 \times 10^7$ cells), and bone marrow ($19.3 \pm 3.37 \times 10^7$ cells) were cultured immediately in T-25 tissue culture sterile plastic flasks. Adherent cells were detected in all samples 24 hours after their culture with increasing in number with time. The appearance of spindle-shaped MSC-like adherent cells was noticed (4.7 ± 1.6) days for bone marrow and (6.7 ± 1.6) days for cord blood after onset of culture.

1- Runx-2 and Osterix genes expression

Our results showed that there was a statistically difference in Runx-2 gene expression in BM-MSCs compared to UCB-MSCs (treated, with osteogenic factors for 24 and 72 hrs), and they were increased relative to control (Figure 5, and Table 3). Figure 6, and table 4 showed the fold changes of Osterix gene expression in different groups of samples. Osterix gene expression increased in BM-MSCs (treated samples for 24 hrs) about 3 folds relative to the control, and increased in UCB-MSCs samples (treated for 24-72 hrs) about 2-4 folds compared to control sample. It was double in UCB-MSCs (treated for 72 hrs) compared to those treated for 24 hrs.



Figure 3: UCB-derived adherent cells, with predominance of MSC-like spindle shaped cells after 4 days of culture (x40).



Figure 4: The predominance of spindle shape BM MSCs after 4 days of culture.

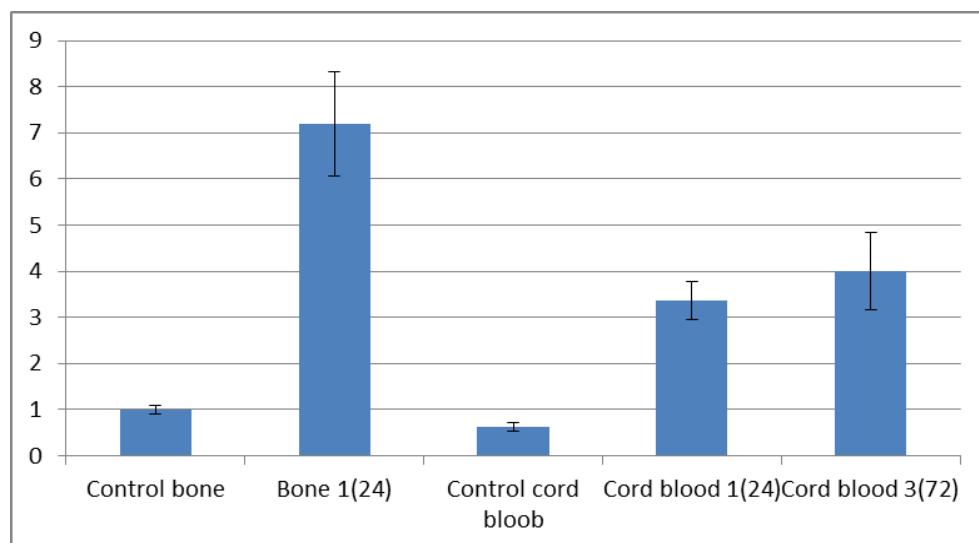


Figure 5: Fold changes in gene expression: Runx-2 gene expressions in BM control and after treated samples for 24 hours and cord blood control and after treated samples for 24 -72hour.

Table 3: The mean Δct of Runx- 2 gene expression in BM- MSCs compared to CB- MSCs

Runx-2	BM- MSCs	UCB- MSCs	p-value
Control	1.0 ± 0.1	0.6 ± 0.1	0.02*
MSCs Treated 24 hrs	7.2 ± 1.1	3.4 ± 0.4	0.04*
BM treated 24 hrs vs. CB treated 72 hrs	7.2 ± 1.1	4.0 ± 0.9	0.04*

Data are presented as Mean $\Delta\text{ct} \pm \text{SD}$; * = statistically significant at $p < 0.05$; BM- MSCs= Bone marrow-mesenchymal stem cell; UCB- MSCs = Umbilical cord blood-mesenchymal stem cells.

There was a statistically significant difference in ALP gene expression in BM-MSCs samples treated for 24 hours compared to BM-MSCs control, $p=0.01$ (Table 5). Our results also showed that ALP gene expression was undetected in UCB-MSCs in treat-

ed and untreated samples. Our result showed that Collagen 1 gene expression was not detected in either BM-MSCs control or treated groups. In addition, it was not detected in UCB-MSCs control or treated groups.

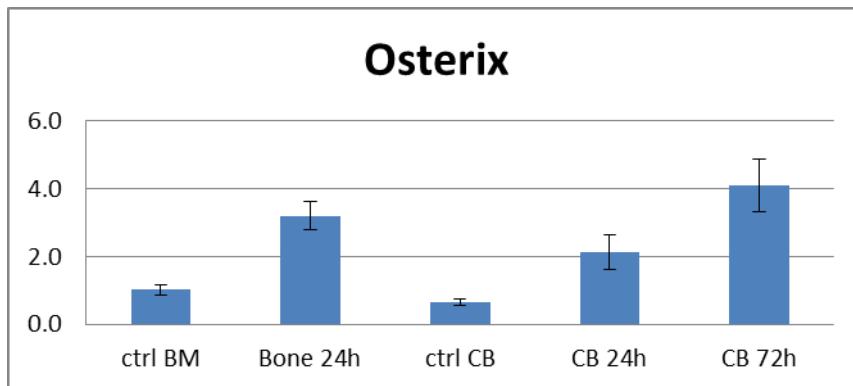


Figure 6: Fold changes in osterix gene expression in bone marrow control and after 24 hour treated samples and cord blood control and cord blood after 24-72 hours treated samples.

Table 4: The mean Δct of osterix gene expression in BM- MSCs compared to CB- MSCs

osterix	BM- MSCs	UCB- MSCs	p-value
Control	1.0 ± 0.14	0.7 ± 0.09	0.02*
Treated 24 hrs	3.2 ± 0.43	2.1 ± 0.51	0.07*
UCB treated 72 hrs vs. BM treated 24 hrs	3.2 ± 0.43	4.1 ± 0.78	0.2

Data are presented as mean $\Delta ct \pm SD$; * = statistically significant at $p < 0.05$; BM- MSCs = Bone marrow-mesenchymal stem cells; UCB- MSCs = Umbilical cord blood-mesenchymal stem cells.

Tables: The mean Δct ALP gene expression in BM- MSCs control and treated for 24 hrs

ALP (gene expression)	BM control	BM treated 24 hours	p-value
Mean $\Delta ct \pm SD$	0.93 ± 0.12	3.69 ± 0.29	0.01*

BM- MSCs= Bone marrow- mesenchymal stem cells; ALP= alkaline phosphatase; * = statistically significant at $p < 0.05$.

Discussion

The aim of this work was to compare MSCs isolated from BM to UCB regarding their osteogenic differentiation potential by comparing the expression of the osteogenic master genes Runx- 2 and Osterix (transcription factors responsible for the development of bones in embryos as well as fracture healing in postnatal life) and ALP, which is an important enzyme in the formation of bone matrix and collagen I, the most abundant protein in the osteogenic matrix. We report that hMSCs from umbilical cord blood are capable of undergoing osteogenic differentiation, by detection the up-regulated osteogenic genes expression of Runx-2 and Osterix. On

the other hand; hMSCs from umbilical cord blood can be regarded as osteogenic progenitor/precursor cell population that can be acquired on regular basis from caesarean section⁽¹²⁾. It has proven that, hMSCs from the umbilical cord blood have the skills to proliferate extensively and maintain its osteogenic differentiation *in vitro*⁽¹³⁾. In our study, results obtained from the gene expression of Runx-2 and Osterix confirmed that osteogenic differentiation of the hMSCs layers during their cultured in osteogenic differentiation media. This osteogenic potential of cord blood derived progenitors may be useful for autologous transplantations in near future.

MSCs play a vital role in cell regeneration and the repair of damaged tissues in human growth. The ease of culturing and expanding MSCs *ex vivo* has spurred numerous therapeutic applications and clinical trials⁽²⁵⁾. MSCs can be isolated from bone marrow, umbilical cord blood, adipose tissue, and placenta. Although bone marrow (BM) has been regarded as a major source of MSCs, umbilical cord blood has been considered as an alternative source for isolation of MSC⁽²⁶⁾. The efficiency of isolation of MSCs from cord blood was reported in some literature to be low. Rebelatto et al (2008)⁽²⁷⁾ have success rate of 30% (n=3/10) which may be due to their small sample size. However, others reported higher rates; Bieback et al., (2004)⁽²⁸⁾ isolated MSC-like cells from HUCB units with efficiency greater than 60% (n= 37/59), while Kern et al., (2006) had a success rate of 63% (n= 38/59)⁽²⁹⁾. In our study, the isolation efficacy of MSCs from cord blood was comparable to previous reports⁽²⁹⁾. The success rate of MSC-like cells isolation from HUCB is still low in comparison to both. The explanation of this could be attributed to the fact that UCB-MSCs are circulating in the prenatal blood, its viability and count can be affected by any blood events, such as minute blood clots with subsequent trapping of some MSCs. In our study both types of cells exhibited typical MSCs characteristics; adherent to plastic surface of the flask and fibroblastoid morphology with no morphologic differences between cells from both sources, as was reported by Rebelatto et al. in 2008⁽²⁷⁾. Regarding gene expression, we found that Runx-2 and Osterix genes were expressed in bone marrow mesenchymal cell samples and in cord blood samples, there was statistically significant expression of Runx-2 gene and osterix gene in bone marrow mesenchymal stem cell treated samples in comparison to control and that bone marrow cell ex-

pressed higher levels of Runx-2 and Osterix in comparison to cord blood derived cells without any prior induction. Thus, bone marrow mesenchymal stem cells show higher osteogenic potential than that of cord blood derived mesenchymal stem cells. These findings may be explained as the stem cell niche where MSCs derived from bone marrow are already present in osteogenic environment in bone marrow, including the physical effects, paracrine secretions and extracellular mediators. This finding is in agreement with Shafiee et al., 2011⁽³⁰⁾ who found that Runx-2 gene was significantly expressed in higher level in BM-MSCs during its induction compared to cord blood, this indicate that bone marrow showed higher capacity for osteogenic differentiation than cord blood. Stan et al., (2003)⁽³¹⁾ found that bone marrow mesenchymal cells express Runx-2 and Osterix genes in both induced and non-induced culture. Also, Peng et al., (2008)⁽³²⁾ found that Runx-2 gene expression was peaked at 3-7 days in induced BM-MSCs, well ahead of UCB-MSCs concluded that BM-MSCs exhibited superior capacity to osteogenic differentiation than CB- MSCs. Maeno et al., 2011 found that Runx-2 is sufficient to direct mesenchymal cells to osteoblast and that Runx expression is essential for skeletal development. In our study Osterix gene expression was significantly higher in UCB-MSCs treated for 72 hours than BM-MSCs treated for 24 hours. Komori, 2006 found that Runx and Osterix directed mesenchymal cells to immature osteoblast which blocks their potential to differentiate into chondrocytes. Kanczler and Oreffo, 2008⁽³³⁾ used osterix as a marker of osteogenesis for bone marrow mesenchymal cells and found that inhibition of the expression of Osterix can control rate of differentiation by maintaining cell in a pre-osteoblastic stage. Regarding downstream genes ALP and COL1, we found that

ALP was expressed in bone marrow mesenchymal cell samples but was not expressed in cord blood cell samples and this expression significantly was increased in BM treated cells for 24 hours relative to control, its expression was about 3.7 fold relative to control, while collagen type 1 gene expression was not detected in mesenchymal stem cells derived from both sources. These results may be explained as bone marrow was the tissue of origin and may be more time was needed for induction of UCB-MSCs. Our result was consistent with shafiee *et al.* (2011)⁽³⁰⁾ who found that ALP activity reach peak in cord blood before bone marrow at day 7 and day 14 respectively but that BM-MSCs have the highest ALP activity during induction.

Conclusion

In conclusion, our result showed that there was significant change in osteogenic genes expression between mesenchymal stem cells from both sources indicating that bone marrow mesenchymal cells have a higher osteogenic differentiation potential than cord blood cells. But umbilical cord blood had proven to be an alternative source for mesenchymal stem cells and these cells are successfully differentiated into osteoblasts.

Limitation of the study

Number of samples subjected to statistical analysis was 3 for bone marrow and umbilical cord blood. One of the limitation was obtaining bone marrow samples as it was obtained from patient undergoing total hip replacement operation another which was more important was the risk of infection so it take us about 12 bone marrow and 35 cord blood samples to get 3 samples free of infection with viable cells to complete the study.

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